I claim:

1. A stencil comprising:

- a stencil pattern having at least one stencilling opening formed therein:
- a first coating applied to one surface of the stencil and one or more side surfaces of the stincilling openings and having a surface tension greater than the surface tension of the stencil pattern; and

a second coating applied to the opposite surface of the stencil pattern and having a surface tension less than the surface tension of the stencil pattern.

- 2. The stencil of claim 1, wherein the stencil pattern is stainless steel.
- 3. The stencil of claim 1, wherein the first coating is selected from the group comprising tungsten, tungsten carbide, tungsten nitride, nickel and nickel alloys.
- 4. The stencil of claim 1, wherein the second coating is a polymeric material.
- 5. A process for manufacturing a stencil for assisting in the application of a printable material comprising:

forming a stencil pattern from a sheet of material impervious to the printable material and forming at least one stencilling opening therein;

coating a top surface of the stencil pattern and one or more side surfaces of the stencilling openings with a first coating having a surface tension greater than the surface tension of the stencil pattern; and

coating the bottom surface of the stencil pattern with a second coating having a surface tension less than the surface tension of the stencil pattern.

- 6. The process of claim 5 wherein the spreading of the printable material includes using a dockering blade to assist in spreading the printable material across the top surface of the stencil pattern and through the stencilling openings.
- 7. A method for using a stencil pattern to apply printable material to a surface comprising:

forming a stencil pattern from a sheet of material impervious to the printable material and forming at least one stencilling opening therein;

coating a top surface of the stencil pattern and one or more side surfaces of the stencilling openings with a first coating having a surface tension greater than the surface tension of the stencil pattern;

coating the bottom surface of the stencil pattern with a second coating having a surface tension less than the surface tension of the stencil pattern; and

spreading the printable material across the top surface of the stencil pattern and through the stencilling openings onto the surface to which the printable material is to be applied.